

Category:Development
Ages.....7-10
CoachMike Loucy
Coach.....Brian Picotte
Start-End DatesDec. 29- March 9
Training Hours Weekend:9:00am – 3:30pm
Program Offerings:↓

Program Days per Week	Weekly Schedule	Number Days On-Snow	Number On-Snow Sessions	Comp Levels	Number Comps	Event Work Days Required
1 day	Sat	11	22	N/A	optional	1

Philosophy

To build skiing skills while maintaining a fun learning environment and give exposure to many different skiing environments such as all mountain free skiing, free-ski drills and drill courses. The SNSC works to prepare the Development athlete for the J4/5/6 programs or the Alpine Freeride program.

Technical Goals

Natural athletic stance on skis. Become proficient at parallel shaped turns and begin to learn to carve long radius turns on medium to moderate terrain. Proper active use of lower body. Consistent, appropriate pole planting, hockey stops, and skiing a variety of challenging terrain.

Competitions

Although competition is not the primary focus of the Development Team we do offer several opportunities for them to experience it. Most are at home interclub fun races and if so desired there will be opportunities to try one or two of the races with the Northern Vermont Council. (Other race fees required for the NVC races)

Methodology

The following provides overview highlights of the Program’s curriculum. Should the more detailed curriculum be desired, please contact the Head Coach.

- Freeskiing
- Freeskiing drills
- Gate drills
- Gate training
- Goal Setting

Equipment Requirements

All mountain skis, boots, poles, goggles, helmet, warm all weather clothes.

License/Membership Requirements

SNSC Family \$165 or SNSC Independent \$30.00.
 No racing licenses are necessary unless racing in the NVC series.

Work Event Requirements

Please refer to the Handbook and the above Program Offerings.

Race Schedules/ Rules/Entry fees

Race schedules will be provided during orientation meeting and/or can be found in monthly calendars distributed during the season. There are no entry fees for club races. For more information regarding NVC races, please visit: ussa.org, www.vara.org or www.fisski.com

Coaches’ Travel Expenses

In the unlikely event that Development Coaches travel with the group to a race or camp, those expenses are divided up equally between all athletes on the trip.

Communications/Questions

SNSC Hotline: 644-1077 and group email are common pathways. Other inquiries should be addressed to the Coaches, then the Head Coach, and **lastly** the Executive Director.

Parent Involvement On-and-Off Hill Other Expectations:

- Prerequisite: Participant must be able to ride M-2 and Sterling chairlifts with another child.
- Program orientation meeting at beginning of year and awards at end of year.
- The coaches help with lunches but do not serve them lunch. They eat as a group.
- Parents will be asked if they will allow their child to ski supervised on the T-bar during breaks.

*****Please note: Programs have a minimum number of participants for them to be offered.**