

SNSC - SNOWBOARD COMPETITION TEAM - 07 / 08

Category:Competition Team
Ages.....8-19
Program Coordinator:
Head Coach:Rick Witham
Assistant Coaches:
Start-End DatesDec 1 - March 23
Training Hours Mid-Week:12:00 pm – 3:00 pm, Friday
Training Hours Weekend:8:15 am – 3:00 pm, Saturday & Sunday
Program Offerings:↓

Program Days per Week	Weekly Schedule	Number Days On-Snow	Number On-Snow Sessions	Comp Levels	Number Comps	Event Work Days Required
3 day	Fri - Sun	53	106	USASA	Optional	3
2 day	Sat/Sun	38	76	USASA	Optional	3

Program Goals

The overall focus of the Competition program is to prepare team members for competing in the USASA Northern Vermont Series. Competitions are available for halfpipe, slopesyle, slalom and giant slalom. Participation in these events is optional, but highly encouraged for all team members. (Membership in the USASA is required to enter these competitions)

Freestyle

Train in all aspects of freestyle riding. This includes judge presentation, creative style, trick development/execution and balanced all around riding.

Alpine

Train in all aspects of Slalom and Giant Slalom snowboard racing. This includes course inspection, set up position, line selection, body alignment and stance.

Technical Goals Freestyle

Coaches work with each athlete to improve and refine their repertoire of technical tricks. Coaches concentrate on the correct execution of grabs, rotations and timing.

Technical Goals Alpine

Coaches work with each athlete to improve their personal race times. Coaches concentrate on edge timing, edge angulation, edge pressure and overall timing.

Equipment Requirements

Helmet Use Is Required For All Program Participants

License/Membership Requirements

SNSC Family Membership (\$165) or SNSC Independent Membership (\$80), USASA Membership optional

Event Work Requirement

Please refer to the Handbook and the above listed Program Offerings

Coaches' Travel Expenses

Coaches' travel expenses (room and meals) are to be shared equally by all athlete families attending any given competition.

Communications/Questions

SNSC Hotline: 644-1077 and group email are common pathways. Other inquiries should first be addressed to the Coaches, then the Head Coach, and **lastly** the Executive Director.

Parent Involvement On-and-Off Hill Other Expectations:

- Program orientation meeting at beginning of year and awards at end of year.
- On overnight trips we may have the parents put together cost saving meals for the stay.
- Parents, athletes and coaches work together for transportation to races, camps and training.

*****Please note: Programs have a minimum participant number in order for them to be offered.**